

Citation of Professor Oluwatosin Benedict Adu (PhD)

Oluwatosin Benedict Adu is a Professor of Nutritional Biochemistry with over 26 years as a Researcher, Academic and Social change agent. He has BSc and MSc (Biochemistry) from Lagos State University, and a PhD (Biochemistry) from the College of Medicine, University of Lagos. His research focuses on the utilisation of indigenous underutilised plants and anticancer, antidiabetic and antioxidant properties of plant bioactives.

He has successfully supervised 4 PhD, 12 MSc, and over 300 undergraduate students, and currently supervises 5 PhD students.

Apart from teaching, and research, he is involved in community service in the area of leadership and entrepreneurial training, coaching and mentorship for youth and women. He has mentored over 20 young men and women in the ideation and development of business enterprises and has won several research grants and scholarships.

He has contributed to the Nutrition Society of Nigeria as:

- Chairman, Technical and Programmes Sub-Committee, 56th Annual Scientific Conference and General Meeting of the Nutrition Society of Nigeria (NSN), Lagos 13-18 September, 2026
- Member, Technical Sub-Committee, 55th Annual Scientific Conference and General Meeting of the Nutrition Society of Nigeria (NSN), Port Harcourt, 14-19 September, 2025
- Chairman, Lagos Chapter, Nutrition Society of Nigeria, June 2016- December, 2021
- Member, Technical Sub-Committee, 45th Annual Scientific Conference and General Meeting of the Nutrition Society of Nigeria (NSN), Lagos, September, 2015
- NSN Representative on the Universal Salt Iodisation/Iodine Deficiency Disorder (USI/IDD) Taskforce- 2017-2019
- NSN Representative on the Technical Committee on Fortificant Premix, Standards Organisation of Nigeria (SON)- 2018-2020
- NSN Representative, Lagos State Committee on Food and Nutrition- 2017-2021
- Member, Nutrition Society of Nigeria, 2009-date

He is:

- **Chairman**, Technical Committee on Standards for Milk and Milk products, SON
- **Chairman**, Technical Committee on National Fortification Programme, SON
- **Member**, Technical Committee on Milk and Milk Products, African Standards Organisation (ARSO)
- **Member**, Technical Advisory Committee/National Rice Fortification Coordination Committee TAC/NRF2Cs
- **Member**, LASU Research Ethics Committee, Lagos State University
- **Chairman**, Science Research Ethics Sub-Committee, Lagos State University
- **Former Director**, LASU Ventures, Lagos State University
- **Head**, Chemical and Biochemical Group, Centre of Excellence for Sargassum Research (CESAR), LASU
- **Technical Consultant** with TechnoServe Nigeria on the West African Fortified Parboiled Unpolished Rice (WAFPUR) Project - March 2026 till date
- **Technical Consultant**, Global Alliance for Improved Nutrition GAIN/World Food Programme (WFP) on Evidence Collation for Rice Fortification Standards- November - December, 2024

He is married with 3 children

