



**NUTRITION
SOCIETY OF
NIGERIA**



Theme:

**Delivering Better Nutrition For All:
Connecting The Dots Across Life Cycle, Systems, & Sectors**

ARRIVAL DATE:

SUNDAY 13TH SEPTEMBER, 2026

DEPARTURE DATE:

FRIDAY 18TH SEPTEMBER, 2026

PROGRAMME OF EVENTS



**Citadel Events Hall, 30, Kudirat Abiola Way,
Oregun Road, Ikeja, Lagos**



**NUTRITION
SOCIETY OF
NIGERIA**

AIMS AND OBJECTIVES

To Promote and foster the study and practice of nutrition in its widest sense.

To provide a common forum for nutritionists, and public health professionals to liaise and co-operate with universities and research institutes, government departments, national commissions, corporate organizations, and other similar bodies for the exchange of professional and other relevant information in the promotion of nutrition, and national development.

To serve as a professional body in nutritional sciences, advice, advocate and influence government on matters concerning food and nutrition policy.

To publish journals, newsletters, and other publications and information on nutrition.

To cooperate and liaise with national and international Organizations in the advancement of nutritional Sciences.

To represent the interest of members on professional matters.

To generate and hold funds for the purpose of furthering the above aims and objectives of the Society.

To carry out all such other functions that are lawful and conducive to the attainment of the above objectives.





National Anthem

Nigeria we hail thee,
Our own dear native land,
Though tribe and tongue may differ,
In brotherhood, we stand,
Nigerians all, and proud to serve
Our sovereign Motherland.

Our flag shall be a symbol
That truth and justice reign,
In peace or battle honour'd,
And this we count as gain,
To hand on to our children
A banner without stain.

O God of all creation,
Grant this our one request,
Help us to build a nation
Where no man is oppressed,
And so with peace and plenty
Nigeria may be blessed.

NATIONAL PLEDGE

I pledge to Nigeria my country,
To be faithful, loyal and honest
To serve Nigeria with all my strength
To defend her unity,
And uphold her honor and glory
So, help me God.



NUTRITION
SOCIETY OF
NIGERIA



56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



EKO 2026



His Excellency
BOLA AHMED TINUBU GCFR
President, Federal Republic of Nigeria



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CONFERENCE &
GENERAL MEETING



Chairman National Council on Nutrition



His Excellency
KASHIM SHETTIMA GCON
Vice President, Federal Republic of Nigeria



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56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



Guest of Honour



His Excellency
BABAJIDE OLUSOLA SANWO-OLU
The Executive Governor of Lagos State



NUTRITION
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NIGERIA

56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



Guest of Honour



His Excellency
MALAM DIKKO UMARU RADDA, Ph.D.
The Executive Governor of Katsina State



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56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



EKO 2026

Chairman Board of Trustees
NUTRITION SOCIETY OF NIGERIA



His Royal Highness
KHALIFIA MUHAMMAD SANUSI II, Ph.D, CON
EMIR OF KANO



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56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



EKO 2026

Guest of Honour



HON. DCN CHIKE OKAFOR PhD.

Chairman, House Committee on Nutrition and Food Security
Member Representing Ehime Mbano/Ihitte Uboma/Obowo Federal Constituency



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56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



Guest of Honour



MUHAMMAD ALI PATE, CON

Coordinating Minister of Health and Social Welfare
Federal Republic of Nigeria



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CONFERENCE &
GENERAL MEETING



Guest of Honour



DR. DORIS UZOKA-ANITE, CFA

Honourable Minister of State for Budget and Economic Planning,
Federal Ministry of Budget and Economic Planning



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Chairman of Opening Ceremony



DR. DAYO LAJIDE

Permanent Secretary, Lagos State Ministry of
Health, Alausa, Lagos.



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ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING



Keynote Speaker



DR. MANSUR MUHTAR, OFR



**NUTRITION
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**56TH ANNUAL SCIENTIFIC
CONFERENCE &
GENERAL MEETING**



President Nutrition Society of Nigeria



PROF. SALISU MAIWADA ABUBAKAR, FNSN, FIDN

Welcome Address

BY

Professor Salisu Maiwada Abubakar, FNSN

President, Nutrition Society of Nigeria (NSN)

At the Opening Ceremony of the 56th Scientific Conference and Annual General Meeting of the Nutrition Society of Nigeria, at the Citadel Events Centre, Ikeja, Lagos State, Tuesday, 15th September 2026.

Protocol

Protocol: As it exists.

ADDRESS

Welcome

On behalf of the National Executive Council and the entire membership of the Nutrition Society of Nigeria, it is my great pleasure, honour and privilege to warmly welcome you all to the 56th Scientific Conference and Annual General Meeting of our Society, here in the ever-vibrant Centre of Excellence, Lagos State. For over six decades, NSN has stood at the forefront of advancing the science and practice of nutrition in Nigeria. At the heart of our mission is the belief that good nutrition is both a human right and a foundation for national prosperity.

The Role of NSN in Addressing Malnutrition

Since its founding in 1963, NSN has served as the professional body uniting nutritionists, dietitians, public health experts, food scientists, and allied professionals. The Society have contributed immensely to research, capacity building, programme design, implementation of nutrition interventions, community engagement, evidence-based advocacy and policy development that support the growth and development of our dear country. These contributions demonstrate that NSN is not only a convener of scientific dialogue but also a driver of practical solutions that reach households, mothers, and children across Nigeria.

About the 56th (2026) Conference

This year's NSN Conference theme, "Delivering Better Nutrition for All: Connecting the Dots Across Life Cycle, Systems, and Sectors," speaks directly to one of the most pressing challenges of our time and could not have been timelier. Nigeria continues to face the burden of malnutrition in all its forms, and addressing this challenge requires that we deliberately connect what has too often remained disconnected, our life-cycle interventions, our health, food, education, social protection and Water, Sanitation and Hygiene (WASH) systems, and the sectors of government, non-government partners, private enterprise, and academia that must now work as one.

The seven sub-themes of this conference (transforming our local food systems for improved food security and nutrition; deploying Maternal, Infant, and Young Child Nutrition (MIYCN) as a veritable framework for nutrition-sensitive and nutrition-specific delivery across life stages; harnessing the potential of the private sector in ending malnutrition in all its forms; adolescent nutrition and health as a long-overlooked life stage; precision nutrition and nutrients, and making that promise a reality; innovations in clinical nutrition practice and aligning evidence-based protocols with health system delivery; and fostering innovation, policy



coherence, and multi-sectoral partnership across agriculture, health, environment, and trade) reflect the breadth and depth of what is required to move the needle on nutrition in Nigeria.

This conference, therefore, provides a unique opportunity to reflect, share evidence, and chart actionable pathways to ensure that all Nigerians, across every stage of life, are adequately nourished. Our deliberations through keynote address, plenary and technical sessions, oral and abstract presentations, as well as exhibitions over the coming days, offer us a vital opportunity to not only share evidence but also build the partnerships that can accelerate real progress in addressing malnutrition in Nigeria.

Current Nutrition Situation of Nigeria

Our national nutrition scorecard is both a warning and a call to action. Four in every ten Nigerian children are stunted, eight percent are wasted, almost half of women of reproductive age are anaemic, and only about one-third of women achieve minimum dietary diversity. Our complementary feeding indicators remain deeply concerning, while food insecurity continues to affect a very large proportion of our population. These realities place Nigeria considerably off the trajectory required to achieve the World Health Assembly Nutrition Targets and SDG 2.2 by 2030. Yet, this is not a reason for despair; it is a mandate for action. The evidence tells us exactly what must change: we must connect the dots across the life course, connect nutrition-specific and nutrition-sensitive interventions, connect food systems with health systems, connect evidence with policy and implementation, and connect government leadership with the capabilities of academia, professional bodies, communities, civil society and the private sector.

Nigeria's latest nutrition evidence presents a mixed but unmistakable picture. We are seeing encouraging signs in the reduction of wasting and underweight, with wasting now estimated at 4.7 percent in the 2025–26 Mini-DHS. Yet chronic malnutrition remains deeply entrenched: 41.1 percent of our children under five are stunted and 19.2 percent are severely stunted. The burden is even more profound in the North West, where 58.2 percent of children are stunted. At the same time, our National Food Consumption and Micronutrient Survey continues to remind us that hidden hunger, particularly deficiencies of vitamin A, zinc and folic acid, remains a major national concern, while coverage of micronutrient interventions remains inadequate. These findings tell us that Nigeria does not need one nutrition solution; we need a connected nutrition response across the life course, systems, and sectors."

The challenge before Nigeria is no longer simply to reduce malnutrition; it is to transform the systems that produce malnutrition, so that every Nigerian, regardless of where they live, their income, age or gender, can access a safe, affordable, diverse and nutritious diet and the services required to achieve optimal nutrition.

Distinguished ladies and gentlemen, we gather this week against a nutrition profile that demands our full and urgent attention. In the 2025 Global Hunger Index, Nigeria scored 32.8 and ranked 115th of 123 countries assessed — a level of hunger classified as "serious." Our National Bureau of Statistics reports that 133 million Nigerians, representing 63 percent of our population, live in multidimensional poverty, with inadequate nutrition counted among the very deprivations that define it. UNICEF ranks Nigeria second in the world for the sheer number of children living with stunted growth, and records that of the nearly two million Nigerian children currently living with severe acute malnutrition, only two in every ten are being reached with treatment.

The most recent Cadre Harmonisé food security analysis projects that nearly 36 million Nigerians will face acute food insecurity during this year's lean season alone (the highest figure ever recorded in our country) driven overwhelmingly by conflict.

Current Efforts to Address the Malnutrition Situation in Nigeria

The Nutrition Society of Nigeria acknowledges the support and commitment of the Federal Government in improving our nutrition indices. This year alone, the National Council on Nutrition, chaired by His Excellency the Vice President, adopted the National Policy on Food and Nutrition, 2026 to 2035, now



awaiting ratification by the Federal Executive Council, alongside the continued rollout of the Nutrition 774 (N774) Initiative to every local government in the federation. We commend, in particular, the progress of the Nutritionists Registration Council of Nigeria (NRCN) Bill, which has scaled second reading at the National Assembly and now awaits the diligence of committee, a legislative milestone that will, for the first time, give statutory protection to our profession. These sit alongside the continuing work of the Federal Ministry of Health and Social Welfare on Multiple Micronutrient Supplementation and Large-Scale Food Fortification, the Federal Ministry of Agriculture and Food Security's leadership on biofortification and food systems transformation. Furthermore, the legislative network as well as House Committee on Nutrition and Food Security have been reshaping the legislative engagement for the promotion of nutrition and its oversight.

States and Local Governments continue to play a pivotal role in translating these national policies into action at the community level. We commend the growing number of States inaugurating their State Councils on Nutrition, and Local Governments that have demonstrated ownership by funding community-based nutrition interventions and integrating nutrition into their primary health care systems. These actions underscore the growing recognition that nutrition is central to human capital development across every tier of government. The National Food Bank Trust Fund initiative has strong potential to contributing to bringing down the challenges of food security and nutrition, among many others.

We acknowledge with gratitude the unwavering support of our development partners, civil society organisations, the organised private sector, and funders. Their investment of resources, technical expertise, and innovative approaches continues to help scale interventions in maternal, infant, and young child nutrition, fortification, biofortification, supplementation, and social and behaviour change. The private sector equally remains a powerful partner, through food fortification, workforce nutrition programmes, and corporate social responsibility initiatives. The efforts of our academic and research institutions in evidence generation and in the training of nutrition and dietetics professionals are highly commendable, and we are encouraged that more institutions across Nigeria are considering the establishment of dedicated Departments of Nutrition and Dietetics.

Our traditional leaders, faith leaders, and community gatekeepers deserve special commendation for ensuring that nutrition messages and interventions resonate with households across Nigeria.

Connecting the Conference with New Strategies to Address Malnutrition in Nigeria

Distinguished colleagues, this conference does not stand apart from the efforts I have just described, it exists to sharpen them. As the National Policy on Food and Nutrition, 2026 to 2035, moves toward implementation, our sub-theme on policy coherence and multi-sectoral partnership offers the evidence and consensus that policy now needs to translate into delivery across health, social protection, education, health, environment, and trade. As the NRCN Bill awaits committee consideration, this gathering of Nigeria's nutrition professionals is itself the strongest possible demonstration of why a regulated profession matters to the outcomes we all seek. As Nutrition 774 and our new State Councils on Nutrition reach for every local government, our sub-themes on MIYCN and on private sector engagement offer the frameworks and financing partnerships that will determine whether that reach translates into results. And as biofortification and food fortification programmes scale nationally, our sub-theme on transforming local food systems, and our emerging conversation on precision nutrition, will help ensure that what reaches the Nigerian plate is not only more abundant, but demonstrably more nourishing. These are just a few examples.

This is what it means to connect the dots: not merely a conference theme, but a discipline we must bring to how research informs policy, how policy reaches the community, and how every sector — government, private enterprise, academia, and traditional institutions alike, pulls in the same direction.



Call to Action

Distinguished guests, colleagues, and friends, this year's conference theme is timely, relevant, and urgent, and it challenges us to think critically about the future of our nation's nutrition landscape, while drawing inspiration from the innovations and partnerships already showing results. Let us use this platform to share knowledge, strengthen partnerships, and commit to bold actions that will transform nutrition outcomes in Nigeria. I urge us to think beyond scientific presentations, panel discussions, and poster presentations. Let us commit to translating the knowledge shared here into concrete actions. Let us leave Lagos with renewed commitments and practical solutions that will ensure optimal nutrition and health for all Nigerians, across every stage of the life cycle.

Appreciation

Permit me at this point to extend my sincere appreciation to all who have worked tirelessly to bring us together here today. To His Highness, our Chairman, Board of Trustees of the Nutrition Society of Nigeria, we say thank you for your sustained support, guidance and fatherly oversight. To my colleagues in the National Executive Council of NSN, I appreciate your tireless service, sacrifices and dedication to our common vision. To the State Chapter Leaders, you remain the true engines of our Society at the grassroots. To our distinguished Fellows, we remain grateful for your wisdom and guidance. To all Members and Student Members of NSN, you are the lifeblood of this Society, and your commitment to advancing nutrition science inspires us and gives us more courage to sustain the momentum. To the Chairperson of the Opening Ceremony, we sincerely appreciate your acceptance not only to chair this occasion but also for providing support and guidance to the Conference Organising Committee. Equally, we appreciate our Keynote Speaker for agreeing to share a wealth of knowledge and experience that is expected to set the tone for the deliberations around this year's theme and the recommendations that will follow.

We equally appreciate our partners in government, development organisations, civil society, academia, industry, and individuals whose contributions have made this 56th Conference possible. I wish to specially commend the Chair and Members of the Central Organising Committee for their diligence and resilience in putting this conference together. I want to thank the Government of Lagos State for their support and for making us feel welcome in this great city, and I specially thank the Lagos State Chapter of NSN, our gracious hosts, for their extraordinary efforts in mobilising, planning, and ensuring that we all feel welcome in Eko. I deeply appreciate our partners and sponsors for their support, and all participants for your dedication to advancing nutrition in Nigeria.

Conclusion

Together, we can build a healthier, stronger, and more prosperous Nigeria by connecting the dots across the life cycle, our systems, and our sectors, and by so doing, contribute meaningfully to Nigeria's development and the achievement of the Sustainable Development Goals. Ending malnutrition in Nigeria requires innovation, strong partnerships, and the commitment of every sector. Together, we can make it happen. From Eko 2026, let us leave not just with ideas, but with solutions that will transform communities and save lives.

With this, I welcome you, once again, to the 56th Annual Scientific Conference and General Meeting of the Nutrition Society of Nigeria, as I wish us fruitful deliberations and a memorable stay in the beautiful city of Lagos.

Thank you.

God bless the Nutrition Society of Nigeria and the Federal Republic of Nigeria.



Profile of the

NUTRITION SOCIETY OF NIGERIA

The Nutrition Society of Nigeria is a professional, non-governmental association founded in 1963 at the University of Ibadan. Her membership cuts across various disciplines. These includes, Nutrition, Agriculture, Biochemistry, Physiology, Medicine, Food Science and Technology, Public Health and Home Economics

Membership categories are as follows: Full, Associate, Student, Corporate, Life, Honourary, Fellow and Sustaining

OBJECTIVES OF THE SOCIETY

- a. To promote and foster the study and practice of nutrition in its widest sense.
- b. To provide a common forum for nutritionists, and public health professionals to liaise and co-operate with universities and research institutes, government departments, national commissions, corporate organizations, and other similar bodies for the exchange of professional and other relevant information in the promotion of nutrition, and national development.
- c. To serve as a professional body in nutritional sciences, advice, advocate and influence government on matters concerning food and nutrition policy.
- d. To publish journals, newsletters, and other publications and information on nutrition.
- e. To cooperate and liaise with national and international organizations in the advancement of nutritional sciences.
- f. To represent the interest of members on professional matters. To generate and hold funds for the purpose of furthering the aims and objectives of the Society.
- g. To carry out all such other functions that are lawful and conducive to the attainment of the above

objectives.

AFFILIATION, CONTACT, COOPERATION AND NETWORKING

The Nutrition Society of Nigeria is an affiliate of the International Union of Nutritional Sciences (IUNS).

The society is in contact with other Nutrition Society in the Africa Region through Federation African Nutrition society (FANUS).

The society also recognizes the importance of exchange of ideas with colleagues outside the region and therefore utilizes every opportunity for contact and networking with other Nutrition Societies Outside the Africa region.

The society has linkage with:

A. Government Agencies-

- National Council on Nutrition
- National Committee on Food and Nutrition
- National Nutrition Technical Working Group
- Relevant Ministries, Departments and Agencies

B. Institutions of Higher Learning (Universities, Polytechnics, Colleges of Education/ Agriculture etc. especially Nutrition Training Institutions)

C. Societies e.g., Nigeria Institute Food Science and Technology, Home Economics Association Nigeria, Nigerian Dietetics Association etc

D. Research Institutions

E. Food and Beverages Industries

F. National/ International NGOs and NGDOS

FUNDING

The Nutrition Society of Nigeria is a non-profit making professional organization depending mainly professional organization subscriptions and donation from collaborators including international Agencies, Corporate bodies and from professional services.



**NUTRITION
SOCIETY OF
NIGERIA**



EKO 2026

Nutrition Society Of Nigeria (NSN)



ANNUAL SCIENTIFIC CONFERENCE & GENERAL MEETING

Theme:

**Delivering Better Nutrition For All:
Connecting The Dots Across Life Cycle, Systems, & Sectors**

SUNDAY 13TH - FRIDAY 18TH SEPTEMBER, 2026

Activity	Date
Arrival/registration	Sunday, 13th September
Pre-conference workshop	Monday, 14th September
Official opening/Plenary session	Tuesday, 15th September
Symposia/Plenary session/technical sessions	Wednesday, 16th September
Plenary session/technical sessions/AGM/closing Ceremony	Thursday, 17th September
Departure	Friday, 18th September



Programme of Events

MONDAY, 14th SEPTEMBER, 2026

PRE-CONFERENCE WORKSHOP

WORKSHOP THEME: Translating Nutrition Policy into Measurable Results through Governance and Accountability

Time	Activity
08:30am – 10:30am	Conference Registration/ Materials Collection
10:30am – 11:30am	Session I
Topic (i)	National policy on Food and Nutrition (NPFN); Nutrition Policy to Results Governance, Accountability and Implementation
Facilitators	Dr. Clementina Ebere Okoro- Director of Nutrition, Federal Ministry of Budget and Economic Planning, Abuja
Rapporteurs	Rakiya Mishara; Elizabeth Chukwu
11:40am - 12:40pm	Session II
Topic (ii)	Large Scale Fortification; Scaling Nutrition Programmes through Implementation and Partnerships
Facilitator	Mr. Ridwan Awosanya- Civil Society Scaling Up Nutrition in Nigeria (CS-SUNN)
Rapporteurs	Gbadebori Temitope Rukayat; Chijioke Deborah Samuel
12:40pm-1:20pm	Lunch
1:40pm - 2:40pm	Session III
Topic (iii)	Nutrition Governance Data Systems and Accountability for Results Performance Monitoring System Dashboard (PMS)
Facilitator	Mr. Julius Likuna- Federal Ministry of Budget and Economic Planning, Abuja
Rapporteurs	Ojo Temilola; Ahmad Abudulahi
2:40pm-3:40pm	Session IV
Topic (iv)	Anaemia and Child Nutrition Fund
Facilitator	Mr. Ambrose Evhoesor- Civil Society Scaling Up Nutrition in Nigeria (CS-SUNN)
Rapporteurs	Dr. Ucheoma Asiegbu; Ms. Oluwatoni Aka
3:40pm-5:00pm	Conference Registration/ Materials Collection



TUESDAY, 15th SEPTEMBER, 2026
CONFERENCE DAY I

OPENING CEREMONY- PROGRAMME OF EVENTS

**Citadel Event Hall, 30 Kudirat Abiola Way, Oregun Road,
Ikeja, Lagos State**

Under the distinguish chairmanship of

Dr. Dayo Lajide

Permanent secretary, Lagos State Ministry of Health, Alausa, Lagos

Keynote Speaker

Dr. Mansur Muhtar, OFR

Chairman, Board of Trustees, Nutrition Society of Nigeria

His Royal Highness Khalifa Muhammad Sanusi II, Ph.D CON
Emir of Kano

President, Nutrition Society of Nigeria

Prof. Salisu Maiwada Abubakar, FNSN

Rapporteurs

Dr. Olubunmi Akinsanya and Ms. Saadatu Sulaiman

Time	Activity
08:30am – 9:30am	Conference Registration/ Materials collection continues
9:30am-10:30am	PLENARY SESSION I
Organization Name	FEDERAL MINISTRY OF HEALTH AND SOCIAL WELFARE/ NUTRITION SOCIETY OF NIGERIA
Topic (i)	Overview of Project MAP-Nigeria, Project Methodology, Major Outputs, and Presentation of Policy Brief on Optimizing Salt Iodization in Nigeria: Evidence on Iodine Status and Household Salt Iodine Concentration
Presenters	Dr. Anthony Oko-Isu- Program Manager, Dr James Wirth –Groundwork, Dr. Maria Odey- Federal Ministry of Health and Social Welfare
Topic (ii)	Translating MAP-Nigeria Evidence into Policy and Programme Action, Including Implications for the Review of the National Micronutrient Deficiency Control (MNDC) Guidelines
Moderator	Dr. Tolu Eyinla-Human Nutrition and Dietetics Department, University of Ibadan
Panelists	Mrs Adegbite Olufunmilola- Federal Ministry of Health and Social Welfare, Prof W. A. O. Afolabi- Nutrition Society of Nigeria, UNICEF, World Bank, GAIN, IITA (Dr Mercy), Alem H. A. (Gates Foundation)
Rapporteurs	Sa'adatu Sulaiman and Mr. Blessing Oni
10:30 – 10:35	Announcements
10:35 –10:45	Setting the stage for Opening Ceremony – All Participants Seated
TIME	OPENING CEREMONY ACTIVITIES
10:45am-11:00am	Arrival and Recognition of Guests
11:00am-11:05am	National Anthem
11:05am-11:20am	Welcome Address – Prof. Salisu Maiwada Abubakar, FNSN, President, NSN
11:20am-11:30am	Special Address by Dr. Doris Uzoka-Anite, CFA , Honourable Minister of State for Budget and Economic Planning, FMBEP.
11:30am-11:40am	Opening Remark – Chairman of the Occasion, Dr. Dayo Lajide (Permanent Secretary, Lagos State Ministry of Health, Alausa, Lagos)
11:40am – 11:55am	Goodwill Messages – NSN Partners (UNICEF, HKI, RTSL, GAIN, NI, CS-SUNN, dRPC)
11:55am – 12:00pm	Citation of Keynote Speaker – Dr. Happiness Ezenwa
12:00pm – 12:30pm	Keynote Address – Dr. Mansur Muhtar, OFR
12:30pm – 12:40pm	Interlude – Cultural Troupe
12:40pm – 12:55 pm	Remarks – Chairman of BOT, His Royal Highness Khalifa Muhammad Sanusi II, PhD., CON , Emir of Kano
12:55pm – 1:40pm	Remarks by Special Guests of Honour: • (Ministers of FMOHSW, FMAFS, FMBEP, FMWA) • Chairman House Committee on Nutrition and Food Security, Honourable John Chike Okafor, PhD • His Excellency, Mallam Dikko Umaru Radda (Ph.D) Executive Governor of Katsina State and • His Excellency, BABAJIDE Olusola Sanwo-Olu, The Executive Governor of Lagos State



1:40pm – 1:55pm

1:55pm – 2:20pm

2:20pm – 2:25pm

2:25pm – 2:30pm

2:30pm – 2:35 pm

2:35pm – 2:50pm

- His Excellency, Vice President of the FRN and Chair National Council on Nutrition

Award & Recognition – **Dr. Chiaka Charles Nkwoala, NSN's VP South**

Induction of New Members – National General Secretary, **Dr. Oluwaseun Ariyo;** and Assistant National General Secretary, **Dr. Yewande Uthman-Akinhanmi**

Chairman's Closing Remarks – **Dr. Dayo Lajide**

Vote of Thanks – **Prof. Ogechi Nzeagwu** (Chairman, COC)

Closing Prayer (National Anthem 3rd Stanza)

Group Photographs and Departure of Guests

3:00pm – 4:00pm

LUNCH

4:00pm – 4:15 pm

ADF-NSN Interschool Nutrition Debate and Awards Presentation – Major Edith Nwachinaemere, Chairperson NSN FCT Chapter

4:15pm- 4:45pm

PLENARY SESSION II

Organization Name

GLOBAL ALLIANCE FOR IMPROVED NUTRITION (GAIN)

Topic

Scaling Digital Fortification Quality and Traceability Plus (DFQT+): Revolutionizing Compliance, Transparency, and Regulatory Oversight in Nigeria's Large-Scale Food Fortification Programme

Presenter

Chair

Discussants

Rapporteurs

Adetola Otunla; Project Coordinator, Large-Scale Food Fortification, GAIN

Representatives from SON, NAFDAC, FCCPC, Pilot edible oil producer and Premix producer

Ajibade Cornelius and Mr. Tobiloba Adekambi

4:45pm- 5:45pm

Technical Parallel Session I

Organization Name

NUTRITION SOCIETY OF NIGERIA

Topic

Scientific Oral and Poster Presentation (4 Breakout Sessions)

Chair

Prof. Kayode Ajayi, Prof. Hauwa Laminu, Dr Deniran Igbagboyemi, Dr Shirley EJOH

Rapporteurs

Mrs. Olanike Opelami, Oriola Temitope Happiness, Ogunniyi Akinade Enoch, Kehinde Adegbuyi, Ifeoluwa Bodunde, Vivien O. Olayanju, Mrs. Iche Priscilla Ilebaye, Temitope Ayegbusi

WEDNESDAY 16th SEPTEMBER, 2026

CONFERENCE DAY 2

08:00am – 9:00am

Conference Registration/ Materials collection continues

8:30 – 9:15 am

PLENARY SESSION III

Organization Name

FMOHSW and NSN

Topic

Presentation of the National Infographic, Six Zonal Infographics, and Highlights of the Scientific Manuscript on Aetiology of Anaemia

Presenters

Dr Charles Nkwoala; Dr Tolu Eyinla; Saadatu Sulaiman & FMOHSW (Dr Maria Odey)

Chair/Moderator

Dr Anthony Oko-Isu (PM)

Discussants	(Mrs. Helen Ikebe), FMBEP (Dr Clementina Okoro), FMAFS (Alh. Kilishi), Nutrition International, IITA (Dr Mercy), National Bureau of Statistics, Prof S. M. Abubakar
Rapporteurs	Rahema Muhammad Sanusi; Davidson Igbokwe Obinna

9:15 – 10:00 am **PLENARY SESSION IV and Working Tea break**
Organization Name **CS-SUNN**

Topic	“Nutrition Systems Strengthening in Nigeria; Reflecting on the Journey and Chatting the Path Forward”
Presenter	Ambrose Evhesor, Program Officer, Civil Society-Scaling Up Nutrition Nigeria
Chair	Mrs. Beatrice Eluaka,(Former Head of Nutrition FMOH; Former Executive Secretary CS – SUNN)
Discussants	Major Edith Nwachinaemere, NSN FCT Coordinator Dr. Clementina Eberé Okoro, Director of Nutrition, Federal Ministry of Economic planning and Budget Mr. Sunday Okoronkwo, Executive Secretary -CS–SUNN Prof. Ngozi Nnam, Professor of community and Public Health Nutrition University of Nigeria. Hon Chike Okafor, Chair, House Committee on Food and Nutrition, Federal House of Representatives.
Rapporteurs	Zaitun Aminu and Olaoye Olubunmi

10:00 – 10:45 am **Plenary Session V**
Organization Name **UNICEF, Nigeria**

Topic	Driving Sustainable Maternal, Infant and Young Child Nutrition Harnessing Innovations ,Partnerships And Local Solutions
Moderator	Prof. Olumuyiwa Owolabi
Discussants	Representative from the office of Vice President/ National Council on Nutrition, FMOHSW, FOBEP, FMAFS, NPHCDA, UNICEF Nigeria Chief of Nutrition, FMWA/ALGON, NAFDAC
Rapporteurs	Dr. Cyril Anoshirike, Vivian Anoemuah

10:45 – 11:30 am **PLENARY SESSION VI**
Organization Name **HELEN KELLER INTERNATIONAL**

Topic (i)	Transforming Lives Through Nutrition: A life Cycle Approach to Improving Nutrition and Food Security through Multi-sectors and Systems Strengthening.
Presenter	Mr. Michael Daniel Evehsoyan and Dr. Gloria Ode (Helen Keller International)
Topic (ii)	A New Beginning: Advancing Nutrition Treatment Intervention in Akwa Ibom State.
Presenter	Ms. Pauline Onyowo Adah
Topic (iii)	From Campaign Days to Everyday Protection: Early Performance of Routine Vitamin A Supplementation in Benue and Ebonyi States, Nigeria
Presenter	Mr. Stanley Nwosu
Chair	Prof. Mercy Ifeanacho
Discussants	Representative of the following MDAs (FMOHSW, NAFDAC, SON, FCCPC, Industry, Neurosurgeon)
Rapporteurs	Dtn. Festus Otedola Enitan; Chukwuemeka Odo



11:30 am to 12:00 noon

TEA BREAK

12:00 – 12:45 pm

PLENARY SESSION VII

Organization Name

GLOBAL ALLIANCE FOR IMPROVED NUTRITION (GAIN)

Topic

Integrating Climate and Food Systems: Building Climate Shock Responses into Local Food Systems Interventions for Sustained Food and Nutrition Security.

Presenter

Dr. Olusola Adeoye- Deputy Country Director

Chair

Prof Kola Anigo; University of Abuja, Abuja Nigeria

Discussants

Mr. Olumide Idowu – Executive Director, International Climate Change Development

Dr. Abiola Awe – Director, Climate Change, Federal Ministry of Environment

Mr. Obinna Igwebuike - Sawubona Advisories Services (Co-Founder & Consulting Lead)

Barr. Joyce Akpata – Head of Policy and Advocacy, Global Alliance for Improved Nutrition

Mr. Miracle Owolawi – Policy and Advocacy Associate, Global Alliance for Improved Nutrition

Rapporteurs

Mr. Ogunniyi Akinade and Adeyemi Jesutola

12:45 – 1:15 pm

PLENARY SESSION VIII

Organization Name

EVIDENCE ACTION

Topic

Multiple Micronutrient Supplement (MMS) Operational Research in Nigeria: Results and Recommendations for Scale-up

Presenter

Dr. Olusola Adeoye- Deputy Country Director

Chair

Prof. Awogbenja Makanjuola Dehinde

Discussants

Dr. Khadijat Alarape (SNO, Oyo), Mrs. Eunice Ekwueme (SNO FCT), Maryann Edeh (Senior Manager, Evidence Action South-West and Ifeoma Onyekachi (Associate Manager MLED, Evidence Action, Dr. Okara Dogara- ANRiN 2.0 National Program Manager

Rapporteurs

Dtn. Janet Adetunbi Onyemah, Dr. Monsurat Bello

1:15 – 2:00 pm

PLENARY SESSION IX

Organization Name

RESOLVE TO SAVE LIVES

Topic

Leveraging Public Food Procurement for Better Nutrition Outcomes: Insights from the National Guideline

Presenter

Mr. Batet Musa, (Resolve To Save Lives)

Chair

Prof. Ajani Sanusi

Discussants

Dr. Bamidele Davis Omotola, FNSN, Independent Consultant

Mrs. Grace Mogeke - FMOHSW

Prof Salisu Maiwada Abubakar - President, Nutrition Society of Nigeria

Rapporteurs

Ms. Iyabo Oseni Ogundipe and Mr. Seyi Semako Kosobameji

2:00pm-3:00pm

LUNCH

3:00pm-4:00pm

Technical Parallel Session II

Organization Name

NUTRITION SOCIETY OF NIGERIA

Topic

Scientific Oral And Poster Presentation (4 Breakout Session)



Chair	Prof V. N Ibeanu, Dr. Olubunmi Akinsanya, Dr Bosede Adebayo-Oke, Dr Olanike Balogun
Rapporteurs	Dtn. Aanuoluwapo Emmanuel Oyebamiji, Mr. Cornelius Ajibade, Mrs. Olubunmi Dupe Alabi, Odo Edna Ezinne, Ebube Success Chukwunwogor, Mrs. Elizabeth Okonkwo

4:00 – 4:45 pm	
Plenary session X	
Organization Name	
CARE INTERNATIONAL	
Topic	Delivery Better Nutrition For All: Translating Care Nigeria's Strategy into Nutrition Impact
Presenter	Ms. Jennifer Orgie- Assistant Country Director/Director of Programs, Care International
Chair	Prof. Oluwatosin Adu- Lagos State University, Ojo
Discussants	- Ms. Jennifer Orgie- Assistant Country Director/Director of Programs, Care International - Ayeminishi Neils Joel- Gender Technical Coordinator, CASCADE Project, CARE International - Nasom Richard Ngaro-Policy and Advocacy Coordinator, CARE International - Ebenezer Oluloto- CARE International
Rapporteurs	Ms. Rukayat Gbadebori and Mr. Gift Oguzor

4:45 –5:30	
PLENARY XI	
Organization Name	
PARTICLES FOR HUMANITY	
Topic	"From Evidence to Action: What Would it take to Advance Vitamin A in Bouillon Fortification In Nigeria"
Presenter	Dr. Landry Sagbo- Consultant and Lead, Advocacy Team, Particles for Humanity
Moderator	Mrs. Ladidi Bako-Aiyegbusi, mni
Panelist	Mrs. Olufunmilayo Adegbite- Director, Nutrition Department, FMOHSW Mrs. Eva Edwards- Director, Food safety and Applied Nutrition, NAFDAC Prof. Wasiu Afolabi- Immediate Past President, NSN, FUNAAB Mr. Fred Chiazor- Chairman, National Fortification Alliance Dr. Augustine O. Technical Partner Prof. Olugbenga B. Ogunmoyela-President/CEO, CAFSANI
Rapporteurs	Mr. Awoyemi Olukunle and Ms. Umeaku Patricia Obioma

THURSDAY 17th SEPTEMBER, 2026

CONFERENCE DAY 3

08:00am – 10:00am	
Technical parallel session III (4 Break Out Sessions)	
Organization Name	
NUTRITION SOCIETY OF NIGERIA	
Topic	Scientific Oral And Poster Presentation
Chair	Prof. Olufunmilayo Ogunrinola, Dr Oluyemisi Folasire, Dr. E. A Udentia, Dr Queen Adeoye Agomoh
Rapporteurs	Dr Patience M. Gwadza, Mrs. Iche Priscilla Ilebaye, Mrs. Dupe Alabi, Dr Ebunoluwa G. Ibidapo, Mrs. Blessing Nwofia; Manawa Oghenevwede



10:00am-11:00am	PLENARY SESSION XII
Organization Name	HELEN KELLER INTERNATIONAL
Topic	Understanding Large Scale Food Fortification in Nigeria: Addressing Myths, Misconceptions and Concerns
Presenter	Mr. Michael Daniel Eveshoyan and Dr. Gloria Ode
Chair	Dr. Obinna Ogbonna
Discussants	Representative of the following MDAs (FMOHSW, NAFDAC, SON, FCCPC, Industry, Neurosurgeon)
Rapporteurs	Ms Barbara Onyeonu; Ms Enobasi Nta
11:00am-12:00noon	PLENARY SESSION XIII
Organization Name	CARE INTERNATIONAL
Topic	CASCADE Project: A Multi-Sectoral Approach to Improving Nutrition
Presenter	Mr. Ebenezer Oluloto- CARE International
Chair	Prof. Olivia Afam-Anene
Discussants	Isaac Ishaya Audu-Project Manager, CASCADE Project, CARE International, Ayeminishi Neils Joel- Gender Technical Coordinator, CASCADE Project, CARE International, Ifeoluwa Olagoun-MEAL Officer, CASCADE Project, CARE International Nasom Richard Ngaro-Policy and Advocacy Coordinator, CARE International, Toluwase Bolujoko-CARE International
Rapporteurs	Dr. Joseph Akuirene Odolomarun; Ms Deborah Nwachukwu
12:00 – 12:30 pm	TEA BREAK
12:30 – 1:15 pm	PLENARY SESSION XIV
Organization Name	SIGHT AND LIFE FOUNDATION (NIGERIA MEDICAL ASSOCIATION)
Topic	Multiple Micronutrients and Calcium Supplementation in Pregnancy
Presenter	Professor Babagana Bako- MBBS, MSC, MD, FMOCG, FWACS, FICS
Chair	Prof. Folake Samuel, FNSN
Rapporteurs	Richman Chukwumela Frank, Adejisola Yetunde Olatunji
1:15pm-1:30 Pm	PLENARY SESSION XV
Organization Name	THRIVHE WELLNESS
Topic	Transforming Nutrition Care through technology and innovation
Presenter	Dtn. Oyebamiji Emmanuel AanuOluwapo (Co-founder at Thrivhe/ Lecturer at University of Ibadan, Human Nutrition and Dietetics)
Chair	Dr. Janet Oluwatoyin Igbaro, (University of Medical Sciences, Ondo City, Ondo State)
Rapporteurs	Dtn. Rereloluwa Akinkuotu (Ph.D candidate, Afe Babalola University, Ado-Ekiti) Dtn. Eunice Olanrewaju (Ondo State Primary Health Development Agency, Akure)
1:30pm –2:00 pm	SNO State/Regional Reports
Rapporteurs	Mr. Auwal Musa Umar, Dtn. Olubukola Olaitan
2:00 –2:45 pm	LUNCH
2:45pm-3:30pm	NSN National Forum Meeting (NEC and Chair and Sec of All State Chapters)
Chair	Prof. Salisu Maiwada Abubakar, FNSN



Rapporteurs

3:30pm-6:00pm

Chair

Mr. Auwal Musa Umar, Dtn. Olubukola Olaitan

Annual General Meeting and General Elections

Prof. Salisu Maiwada Abubakar, FNSN, President, NSN

3:30pm- 6:00pm

Organization Name

STUDENTS SESSION

NUTRITION SOCIETY OF NIGERIA

Topic

1. State of Nutrition Students in Nigeria

2. Rubbing minds with the Professionals

3. The next 365 of Students activities

Facilitator

Dr. Chinaza Precious Uche, Dtn. Emmanuel Oyebamiji, Dr. Tosin Leshi,

Coordinators

Dr.Tosin Leshi, Dr. Chinaza Precious Uche, Dtn. Emmanuel Oyebamiji, Ms.
Olutayo Toromade and Dr. Charles Chiaka Nkwoala

Rapporteurs

Ms Nmesomachi Precious Onyebgule; Ms Adegboyega Faith Damilola

6:00pm

Closing

FRIDAY, 18TH SEPTEMBER, 2026
DEPARTURE

CITATION OF THE KEYNOTE SPEAKER

DR. MANSUR MUHTAR, OFR

Distinguished guests, Fellows of the Nutrition Society of Nigeria, ladies and gentlemen,

It is my honour to introduce **Dr. Mansur Muhtar, OFR** — a development economist and public leader whose career across national, continental, and global institutions reflects a deep commitment to strengthening systems, expanding opportunity, and improving human wellbeing.

Dr. Muhtar is a distinguished development economist. He earned a First Class degree from Ahmadu Bello University, an M.Phil. from Cambridge with Distinction, and a Doctorate in Economics from the University of Sussex, complemented by executive programmes at Harvard, Wharton, and Singapore's Civil Service College.

His professional journey spans major global development institutions. He has served as Vice President of Operations at the Islamic Development Bank, Executive Director at the World Bank Group, and Executive Director at the African Development Bank. At the United Nations, he co-chaired the committee that produced the draft blueprint for financing the Sustainable Development Goals.

In Nigeria, he served as Minister of Finance, Budget, and Economic Development, guiding the nation through the global financial crisis. He was the pioneering executive and later Director-General of the Debt Management Office, and earlier a respected academic at Bayero University, Kano. He now serves as Chairman of the Bank of Industry Plc, driving investments that expand opportunity and strengthen national productivity.

For his service, he has been honoured as an Officer of the Federal Republic (OFR). He is also a Fellow of the Nigerian Economic Society, and holds an Honorary Doctorate Degree in Finance.

Most relevant to today's gathering, Dr. Muhtar is a member of the United Nations Secretary-General's Lead Group of the Scaling Up Nutrition (SUN) Movement — the world's highest-level platform dedicated to ending malnutrition. He champions nutrition financing, food systems transformation, and multisectoral collaboration toward a world free from malnutrition by 2030. He also serves on the Board of Trustees of the National Community Food Bank Program, advancing food and nutrition security where it matters most.

As the Sarkin Bai of Kano, District Head of Dambatta, and member of the Emirate Council, he brings a grounded understanding of the community realities where nutrition interventions truly change lives.

Ladies and gentlemen, I present **Dr. Mansur Muhtar, OFR** — a leader whose work across finance, development, and community service continues to strengthen institutions and illuminate the path toward a healthier, more resilient Nigeria.



Aliko Dangote
Foundation



Goodwill Message

At the 56th Annual Conference and Scientific Meeting of the
Nutrition Society of Nigeria (NSN) – EKO 2026

Distinguished President and Fellows of the Nutrition Society of Nigeria, members of the Central Organising Committee, eminent scholars, policymakers, development partners, private sector leaders, nutrition professionals, ladies and gentlemen.

On behalf of the Board, Management, and staff of Aliko Dangote Foundation, I bring warm greetings and sincere congratulations to the Nutrition Society of Nigeria on the occasion of its 56th Annual Conference and Scientific Meeting here in Lagos. We commend NSN for sustaining this important national platform for science, policy dialogue, professional exchange, and collective action towards improved nutrition outcomes in Nigeria and beyond.

The theme of this year's conference, **“Delivering Better Nutrition for All: Connecting the Dots Across Life Cycle, Systems, and Sectors,”** is both timely and compelling. It reminds us that nutrition is not a single-sector concern; it is a development imperative that cuts across health, agriculture, education, social protection, water and sanitation, trade, food systems, and economic policy. It also reminds us that nutrition must be protected and promoted at every stage of life—from pregnancy and infancy to childhood, adolescence, adulthood, and older age.

At Aliko Dangote Foundation, we believe that good nutrition is foundational to human capital development, national productivity, and shared prosperity. Our investments in health and nutrition are guided by the conviction that no child should be denied the opportunity to survive, grow, learn, and thrive because of preventable malnutrition.

Through Aliko Dangote Foundation Integrated Nutrition (ADFIN) programme, partnerships with government, collaboration with professional bodies, and support for evidence-based programming, we continue to contribute to Nigeria's efforts to prevent and treat malnutrition, strengthen systems, and improve access to nutritious foods and essential services for vulnerable households.

This conference provides a vital opportunity to move beyond isolated efforts and accelerate coordinated action. Connecting the dots means translating research into policy; aligning policy with financing; linking community realities with national systems; and ensuring that public, private, academic, and civil society actors work together with clarity of purpose. It also means placing equity at the centre of our work so that women, children, adolescents, and underserved communities are not left behind.

As stakeholders gather at EKO 2026, Aliko Dangote Foundation urges all participants to use this



platform to generate practical recommendations, strengthen partnerships, and commit to measurable actions that can improve nutrition outcomes across the life cycle. We must deepen investments in maternal, infant, and young child nutrition; strengthen adolescent nutrition programming; transform local food systems; improve the quality and coverage of nutrition services; and build resilient, accountable systems that can deliver at scale.

We congratulate the leadership and members of the Nutrition Society of Nigeria for their sustained commitment to advancing nutrition science and practice. We also acknowledge the contributions of researchers, practitioners, policymakers, industry leaders, and development partners whose work continues to shape the nutrition agenda in Nigeria.

May this 56th Annual Conference and Scientific Meeting inspire bold ideas, renewed collaboration, and concrete commitments towards delivering better nutrition for all. Aliko Dangote Foundation remains committed to working with NSN and all partners to build a healthier, better nourished, and more prosperous Nigeria.

Thank you, and I wish you all a successful and impactful conference.



GOODWILL MESSAGE FROM THE DIRECTOR GENERAL, NATIONAL AGENCY FOR FOOD AND DRUG ADMINISTRATION AND CONTROL (NAFDAC), PROFESSOR MOJISOLA CHRISTIANAH ADEYEYE, FAS, TO THE NUTRITION SOCIETY OF NIGERIA (NSN) ON THE OCCASION OF THE 56TH ANNUAL SCIENTIFIC CONFERENCE AND ANNUAL GENERAL MEETING

On behalf of the National Agency for Food and Drug Administration and Control (NAFDAC), I extend warm greetings and best wishes to the Nutrition Society of Nigeria (NSN) on the occasion of its 56th Annual Scientific Conference and Annual General Meeting, with the theme ***"Delivering Better Nutrition for All: Connecting the Dots Across Life Cycle, Systems & Sectors."***

The theme aptly reflects the importance of a coordinated, life-course and multi-sectoral approach to addressing Nigeria's complex nutrition challenges. As the nation continues to confront the interconnected challenges of malnutrition and diet-related health concerns, collaboration among regulators, nutrition professionals, academia, industry, policymakers and other stakeholders remains essential to achieving sustainable improvements in public health.

NAFDAC recognizes the important role of the Nutrition Society of Nigeria in advancing nutrition science, professional practice, research and evidence-based policy in Nigeria. We value our longstanding partnership and remain committed to strengthening collaboration towards ensuring that Nigerians have access to safe, wholesome, nutritious and appropriately labelled foods. The recently launched national campaign on ***'Read the Food Label'*** by NAFDAC and the role of the Nutrition Society of Nigeria in supporting this initiative is a testament to collaboration and synergy of purpose.

We particularly commend the Society for consistently providing a platform that brings together experts and stakeholders to exchange knowledge, share innovation and identify practical solutions for our country's nutrition challenges. We are confident that the deliberations and outcomes of this Conference will contribute meaningfully to national efforts towards a



healthier, safer and more productive population through improving access to sustainable, safe, nutritious, healthy diets for the population.

As we join the President and members of the Nutrition Society of Nigeria in celebrating the occasion of the 56th Annual Scientific Conference and Annual General Meeting, NAFDAC reaffirms its commitment to advancing nutrition, food safety, and consumer protection through evidence-based and effective regulation, stakeholder engagement and sustained public awareness.

On behalf of our Agency, I express sincere appreciation to the Nutrition Society of Nigeria for the continued collaboration with NAFDAC over the years and wish you a successful and impactful Conference while looking forward to the journey ahead in building a food and nutrition secure Nigeria.

Long live the Nutrition Society of Nigeria! Long live the Federal Republic of Nigeria!

Professor Mojisola Christianah Adeyeye, FAS
Director-General
National Agency for Food and Drug Administration and Control
(NAFDAC)



**GOODWILL MESSAGE BY THE HONOURABLE MINISTER OF WOMEN AFFAIRS AND SOCIAL DEVELOPMENT, H.E. IMAAN
SULAIMAN-IBRAHIM,fsi AT THE OPENING CEREMONY OF THE NUTRITION SOCIETY OF NIGERIA (NSN) SCIENTIFIC
CONFERENCE AND ANNUAL GENERAL MEETING, LAGOS ON 13TH TO 17TH SEPTEMBER 2026**

It is a great pleasure to extend my warm greetings to the Nutrition Society of Nigeria (NSN), its leadership, distinguished members, researchers, practitioners, partners, and guests on the occasion of the 2026 Scientific Conference and Annual General Meeting.

The theme of this gathering could not be more timely. At a time when Nigeria is intensifying efforts to translate the Renewed Hope Agenda into tangible improvements in citizens' lives, nutrition must remain at the heart of our development efforts. Apart from being a health issue, nutrition is fundamentally linked to human capital development, education, productivity, family welfare, social protection and the empowerment of women and girls.

As the Federal Ministry responsible for advancing the welfare, empowerment and social development of women, children, families and vulnerable groups, we recognise that women's empowerment and nutrition are intrinsically connected. When women have access to nutritious food, knowledge, livelihoods and the capacity to make informed decisions, the benefits extend beyond the individual to children, families and entire communities.

This understanding is reflected in our WAVE 777 Programme, where nutrition has been integrated as a strategic pillar. Through the proposed Renewed Hope Access to Nutrition Support and Assistance (RH-ANSA) initiative, the Ministry seeks to promote practical, community-based approaches that connect nutrition education, food security, livelihoods, women's empowerment and social protection. These include community nutrition kitchens, household nutrition gardens, LGA-level Tom Brown processing centres, behaviour change interventions and targeted support for women, children, pregnant and lactating women, adolescent girls and other vulnerable groups.

Our vision, however, is not to create parallel structures, but to complement and strengthen Nigeria's existing nutrition architecture. We remain committed to working within national policies and frameworks while drawing on lessons from programmes such as ANRiN to strengthen community-level delivery and nutrition-sensitive development.

It is in this context that we attach particular importance to our emerging partnership with the Nutrition Society of Nigeria. The Ministry recognises NSN as a critical reservoir of professional expertise, scientific knowledge and practical experience. We are therefore engaging the Society as a lead technical partner in advancing the nutrition component of WAVE 777 and the RH-ANSA initiative.

We look forward to a partnership anchored on evidence, technical excellence and measurable results—particularly in research and evidence generation, development of standards and guidelines, capacity building, community mobilisation, advocacy and the integration of nutrition into social protection and women-focused development programmes.

The Ministry brings to this partnership a strong national and grassroots platform through the State Ministries of Women Affairs across the 36 States and the FCT, women's groups, community-based organisations and other networks. Together with NSN's technical capacity, we have an opportunity to move beyond policy commitments and translate nutrition priorities into interventions that reach households and communities where they matter most.

I commend the Nutrition Society of Nigeria for its continued contribution to advancing nutrition science, professional practice and national development. I am confident that the deliberations, scientific presentations and professional engagements at this Conference will generate ideas and evidence that can further strengthen Nigeria's nutrition response.

As we pursue the Renewed Hope Agenda, let us remain committed to building a healthier, better-nourished and more resilient Nigeria—one in which every woman, child and vulnerable person has the opportunity to thrive.

On behalf of the Federal Ministry of Women Affairs and Social Development, I wish the Nutrition Society of Nigeria a successful Scientific Conference and Annual General Meeting. I look forward to the strengthening of our strategic partnership and to the tangible impact we will achieve together.

I wish you fruitful deliberations and a most successful Conference.

Thank you, and God bless the Federal Republic of Nigeria.

IMAAAN SULAIMAN-IBRAHIM,fsi
HONOURABLE MINISTER OF WOMEN AFFAIRS AND SOCIAL DEVELOPMENT



A GOODWILL MESSAGE BY FiiRO DIRECTOR-GENERAL, DR MRS JUMMAI ADAMU TUTUWA AT THE 56TH ANNUAL CONFERENCE AND GENERAL MEETING OF THE NUTRITION SOCIETY OF NIGERIA

Theme: “Delivering Better Nutrition for All: Connecting the Dots Across Life Cycle, Systems and Sectors”

The President and Council of the Nutrition Society of Nigeria, distinguished guests, eminent professionals, members of the Society, ladies and gentlemen,

It is a great pleasure and privilege to join you at the 56th Annual Conference and General Meeting of the Nutrition Society of Nigeria. On behalf of the management and staff of the Federal Institute of Industrial Research, Oshodi, I warmly congratulate the Nutrition Society of Nigeria on this important milestone and commend the Society for its sustained leadership in advancing nutrition science, practice and policy in Nigeria.

The theme of this year's conference, “Delivering Better Nutrition for All: Connecting the Dots Across Life Cycle, Systems and Sectors,” could not be more appropriate at this critical moment in our nation's development. It reminds us that nutrition is not the responsibility of one profession, one institution or one sector. It is a shared national responsibility that requires us to connect agriculture with health, food production with nutrition, research with policy, and innovation with industry and communities.

Indeed, the nutrition challenges confronting Nigeria are complex and interconnected. Malnutrition exists in multiple forms, while changing lifestyles, food environments, economic pressures, food insecurity and emerging health concerns continue to influence what people eat and how they live. Addressing these challenges therefore requires us to move beyond fragmented interventions towards coordinated, evidence-based and sustainable solutions across the entire life course.

As a research and industrial development institution, we recognize the critical role that science, technology and innovation must play in this process. We must strengthen the development of affordable, nutritious and culturally acceptable foods; promote the responsible improvement of traditional African foods; reduce postharvest losses; enhance the utilization of underutilized crops; and support food processing technologies that preserve and improve nutritional quality. We must also ensure that the knowledge generated in our laboratories does not remain within academic publications. Research must translate into technologies, products, policies and interventions that improve the lives of Nigerians. This requires stronger partnerships among researchers, nutritionists, food technologists, agricultural experts, policymakers, industry, development organizations and communities.

I am particularly pleased that this conference provides a platform for such collaboration. The



Nutrition Society of Nigeria has over the years demonstrated its commitment to bringing together professionals from diverse disciplines to advance the nutrition agenda. This multidisciplinary approach is essential because better nutrition begins with connecting the dots - not only across disciplines, but across the entire food and nutrition continuum. It means connecting agricultural production with food processing and value addition; research and innovation with industry and markets; food availability with food quality, safety and nutritional value; and policy with programs that reach households and communities. It also means recognizing that nutrition needs change across the life course - from maternal nutrition and early childhood, through adolescence and adulthood, to healthy ageing. When these connections are strengthened, we are better positioned to build food systems that deliver nutritious, safe, affordable and sustainable foods for all Nigerians. Therefore, from the farm to the food processor, from the laboratory to the marketplace, and ultimately from the food system to the health and well-being of every Nigerian, every link matters.

There is therefore an urgent need to promote greater investment in food and nutrition research, strengthen local capacity, support innovation and commercialization, and create stronger pathways for translating research outcomes into practical solutions. Institutions such as the Federal Institute of Industrial Research, Oshodi, remain committed to working with the Nutrition Society of Nigeria and other stakeholders in this endeavor.

As we deliberate during this conference, let us remember that the dots are already there - our task is to connect them. Let us connect knowledge with action, research with innovation, innovation with industry, food production with nutrition, and policy with impact. Above all, let us connect our collective expertise to the needs of the Nigerian people.

Once again, I commend the Nutrition Society of Nigeria for convening this important gathering and for its continued contribution to improving the nutritional well-being of Nigerians.

I wish the Society a successful 56th Annual Conference and General Meeting, and I look forward to the emergence of ideas, partnerships and innovations that will contribute meaningfully to delivering better nutrition for all.

Thank you, and I wish you all a fruitful and successful conference.

Long live the Nutrition Society of Nigeria.

Long live our collective commitment to a healthier and better-nourished Nigeria.

Thank you.



GOODWILL MESSAGE FROM THE ASSISTANT COUNTRY DIRECTOR, CARE INTERNATIONAL MS. JENNIFER ORGLE TO THE NUTRITION SOCIETY OF NIGERIA (NSN) ON THE OCCASION OF THE 56TH ANNUAL SCIENTIFIC CONFERENCE AND ANNUAL GENERAL MEETING

On behalf of CARE International in Nigeria, I extend our warmest congratulations to the Nutrition Society of Nigeria on the convening of this year's conference.

Nutrition remains one of the most fundamental determinants of health, productivity, and national development, and the work of this Society in advancing evidence-based nutrition policy and practice across Nigeria is both timely and essential. As an organization committed to tackling poverty and social injustice, CARE Nigeria recognizes that malnutrition in all its forms continues to undermine the wellbeing of women, children, and communities, particularly in underserved and crisis-affected areas. Our work in maternal and child health, livelihoods, and emergency response constantly reminds us that good nutrition is a necessity for the foundation upon which families and communities build resilience.

We commend the Nutrition Society of Nigeria for its sustained leadership in bringing together researchers, practitioners, policymakers, and development partners to share knowledge, shape policy, and drive collective action against malnutrition in the country. Platforms such as this conference are vital in bridging the gap between research and practice, and in ensuring that nutrition interventions are informed by sound science and grounded in the realities of the communities we serve.

CARE Nigeria values the partnership we share with the Society and with nutrition stakeholders nationwide. We look forward to continued collaboration as we work together toward a Nigeria where every individual, especially women and girls, has access to adequate nutrition and the opportunity to thrive.

We wish the organizers, participants, and speakers a most productive and impactful conference.

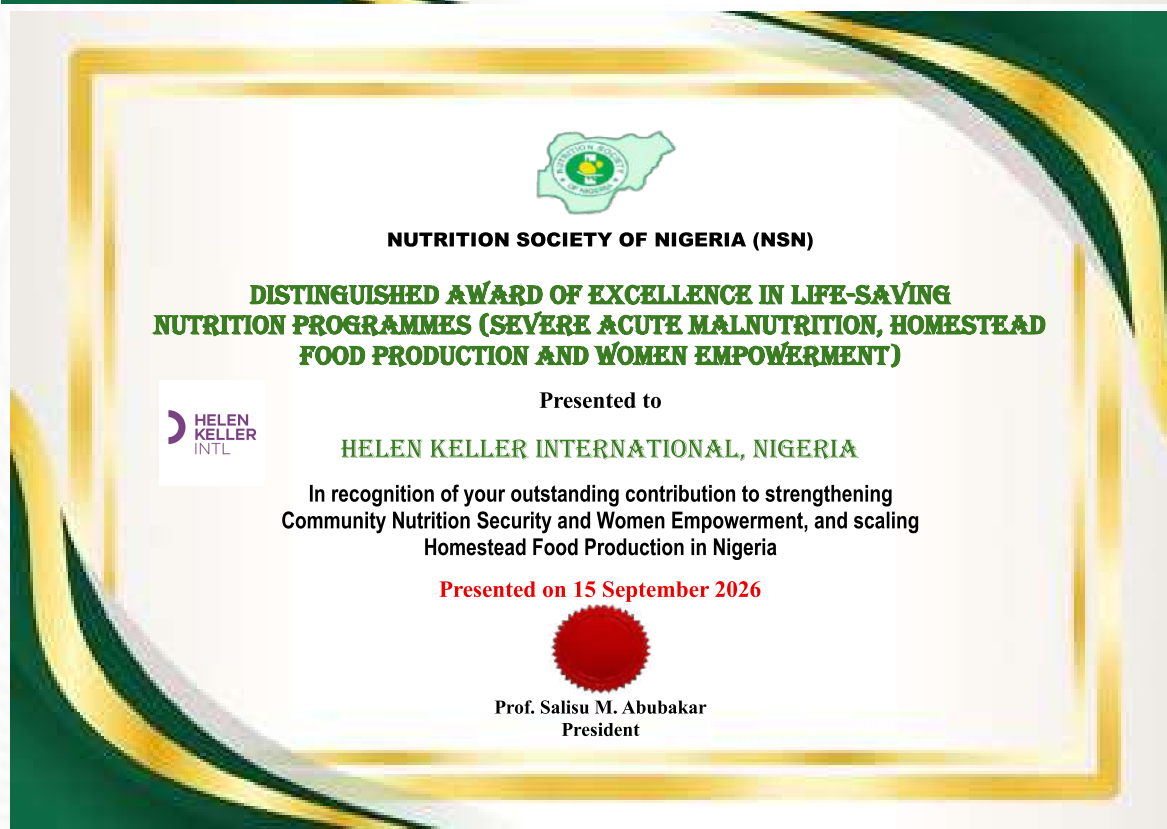
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Jennifer Orgle

Assistant Country/ Director of Programs.



ORGANIZATION AWARD





RECIPIENTS OF NSN 2026 FELLOWSHIP AWARD



**PROF. OLUWATOSIN
BENEDICT ADU, PhD.**



DR OGECHI AKALONU



**DR. VICTOR
EFFIONG BASSEY**



**DR. MAIMUNA
ALIYU LADIDI**



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**OGBONNA CYPRIAN
NATHANIEL NWIBOKO**



**PROFESSOR OGECHI CHINYERE
NZEAGWU (FDAN, RDN)**



**PROFESSOR OLUMUYIWA
ADEYEMI OWOLABI, Ph.D.; FAIPH**



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DR MICHAEL OJO
Country Director, GAIN Nigeria



DR OSITA OKORONKWO
Country Director, Nutrition International



DR. SUNDAY OKORONKWO
Executive Secretary, Civil Society
Scaling Up Nutrition in Nigeria (CS-SUNN)



National Executive Council, Nutrition Society of Nigeria

Name	Position
Prof. Salisu M. Abubakar, FNSN	President
Dr. Maimuna Ladidi Aliyu	Vice-President, North
Dr. Chiaka Charles Nkwoala	Vice-President, South
Dr. Oluwaseun Ariyo	National General Secretary
Dr. Yewande Uthman-Akinhanmi	Assistant National General Secretary
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Mr. Solomon Temitope Kareem	Ex-officio
Prof. Wasiu A. O. Afolabi	Immediate Past President
Prof. Beatrice Olubukola Ogunba	Editor-in-Chief

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Name	Position
Prof. Ogechi Nzeagwu, RDN, FDAN	Chairperson
Mr. Olanrewaju Omoniyi Isaac, RDN, MNSN	Secretary
Prof. Grace Otitoju	Financial Secretary
Dr. Francis Aminu	Fellow Representative
Mrs. Victoria Agommuo	Member
Mrs. Adetutu Oladeinde	Southern Representative
Mrs. Hadiza Abdulsalam	Northern Representative
Dr. Oluwaseun Ariyo	Ex-officio
Dr. Chiaka Charles Nkwoala	Ex-officio



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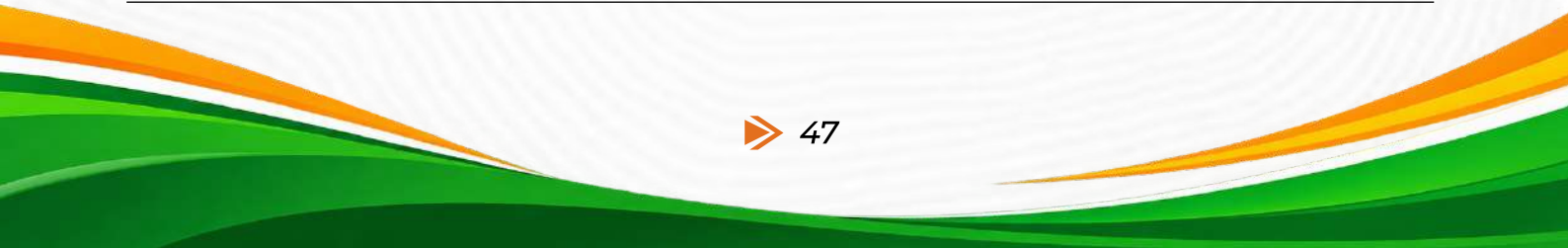


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In Nigeria, diet-related diseases are on the rise, often fuelled by hidden added sugars, excess salt, and unhealthy fats in everyday foods. Our key message at this year's conference is simple but powerful:



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