



# MASTER OF SCIENCE IN NUTRITION AND FOOD SYSTEMS

FACULTY OF  
BIOSCIENCE ENGINEERING

#27 'Agriculture and Forestry'



#48 'Life Sciences'



#6 'Agriculture and Forestry'



#21 'Agriculture'



There is a renewed interest in developing sustainable food systems that ensure healthy diets and better nutrition for all. The MSc in Nutrition and Food Systems (NUFS) provides students with a scientific foundation in human nutrition and recognises that poor nutrition causes are linked with local, national, and global dimensions.

NUFS graduates have a scientific background in human nutrition, understand how food systems drive human nutrition and can identify nutritional problems and their causes to develop, manage, and evaluate relevant interventions. They can critically evaluate research findings and develop evidence-based recommendations. Graduates collaborate, communicate, and creatively apply these competencies across disciplines and cultures.



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## NEW

→ A partnership is established between UGent (Belgium), UCuenca (Ecuador), NM-AIST (Tanzania), HUIT (Vietnam) and Rikolto (international NGO). It will enhance student's understanding of the role of urban food systems for healthy diets and better nutrition.

→ Demonstrable proficiency in English

- Language certificates: TOEFL 570 (PBT) | TOEFL 86 (IBT) | IELTS 6.5 (min. 6 for writing) | Cambridge B2 First
- Medium of instruction certificate: accepted from students from a specific country list: check [itc.ugent.be](https://itc.ugent.be)

Food systems for healthy diets and better nutrition.

- Every year 12 scholarships are available to enable students from low- and middle income countries to participate in the programme for the entire duration (2 years).

## ADMISSION CRITERIA

- Bachelor's degree of min. 3 years from a university or recognized equivalent. Good overall scores (at least a second class or equivalent, preferably higher) are recommended.
- Proficiency in the following fields, demonstrable through a transcript of records:

- Statistics or Epidemiology: min. 5 ECTS credits
- Food Chemistry, Organic Chemistry or Biochemistry: min. 5 ECTS credits

## PROGRAMME COSTS

- Tuition fee: please consult [ugent.be/tuitionfee](https://www.ugent.be/tuitionfee)
- Estimated living & accommodation cost: € 1.000 per month
- VLIRUOS scholarships are sufficient to cover the above.

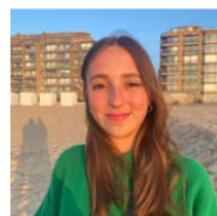


## SCHOLARSHIPS

**vliruos**  
sharing minds, changing lives

- Students from 30 countries in Africa, Asia, and Latin America, listed on [vliruos.be](https://vliruos.be), can apply for a scholarship.
- Preference in the awarding of a scholarships will be given to students who can be seen as potential agents of change in their home country (or region) upon graduation.
- Food systems can only be sustainable if they are inclusive. Preference in scholarships awarding will be given to
  - students from underserved countries with an unmet need
  - students from vulnerable groups, including members of indigenous communities, people with disabilities, gender minorities, migrants and refugees.

## A GRADUATE SAYS



“ Thinking back on NUF5, I am grateful for how much I have grown. The programme has not only expanded my theoretical knowledge, but also provided an internship opportunity within an NGO where I could apply it in a practical setting.

“ I've met many people from around the world, leading to meaningful friendships and enriching my overall experience. Having achieved this diploma feels like a huge accomplishment and I am excited about the doors it will open for me professionally.



## START YOUR PROGRAMME

A few weeks before the start of the academic year, the Faculty of Bioscience Engineering of Ghent University organises the preparatory programme 'TakeOff'. This helps you to prepare for departure and get all the necessary information for a smooth start of your studies. It also offers time and space to settle in Ghent, finish all the administrative burdens and get acquainted with your new surroundings and fellow students.



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“ Living in Ghent and studying at Ghent University has been amazing. Ghent is a perfect city for students – everyone speaks English and is open-minded, with plenty of activities to enjoy. The university itself has always been supportive. If I were asked whether I would move away from home and come here again to study, my answer would be a definite yes.

LEA SCHMITZ, GERMANY, GRADUATED IN 2024

## LEARN MORE

INFO [itc.ugent.be](https://itc.ugent.be)

[studiekiezer.ugent.be/en](https://studiekiezer.ugent.be/en)

MAIL [applications.itc@ugent.be](mailto:applications.itc@ugent.be)

SOCIALS



## START YOUR APPLICATION



## DEADLINES & DATES

28 Feb	VLIRUOS scholarship application deadline
1 April	Deadline non-scholarship applications for non-EU students
1 June	Deadline non-scholarship applications for EU students
Early Sept	Start of the TakeOff preparatory programme
Late Sept	Start of the academic year



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