



FrieslandCampina nl

Institute

for dairy nutrition and health

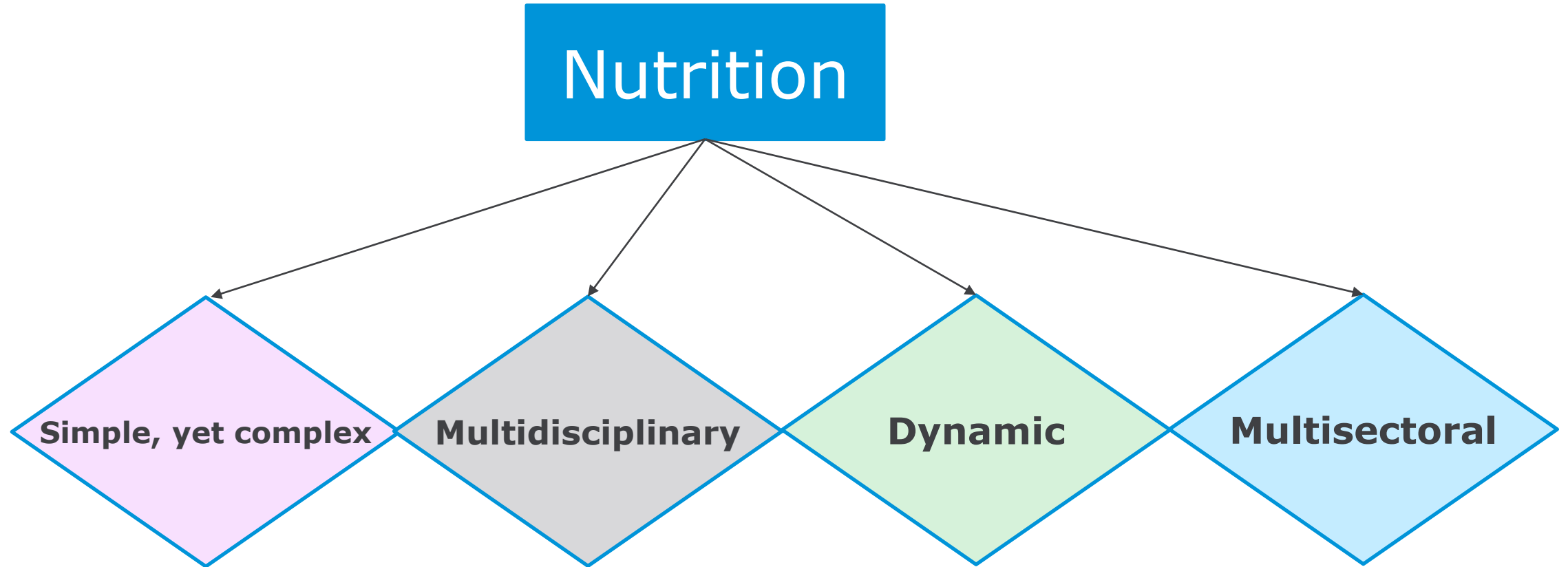
Nutrition Leadership Future in Nigeria:

Echoes from the Corporate sector

Nutrition Society of Nigeria 53rd Annual General Meeting and Scientific Conference,
Abuja

For healthcare professionals only

- leadership is similar to beauty - hard to define, but you know it when you see it' (Bennis, 2003).
- Leadership is a **process** whereby an individual **influences** a **group** of individuals to achieve a **common goal** (Northouse, 2013).
- “Leadership is the ability to translate vision into Reality” – Warren Bennis



"The only safe ship in a storm is leaderSHIP". - Faye Wattleton

**So, how does FrieslandCampina Institute
contribute to Strengthening Nutrition
Leadership?**

FrieslandCampina Institute Provides Science-based Information on dairy, nutrition, and health



Educational Brochures and Tools

With practical, science-based tips, to download for free



Publication Library

Collection of papers published in reputable journals involving FrieslandCampina scientists



Scientific Conferences/Webinars

Evidence-based strategies to optimize child growth and development



Accredited E-learning

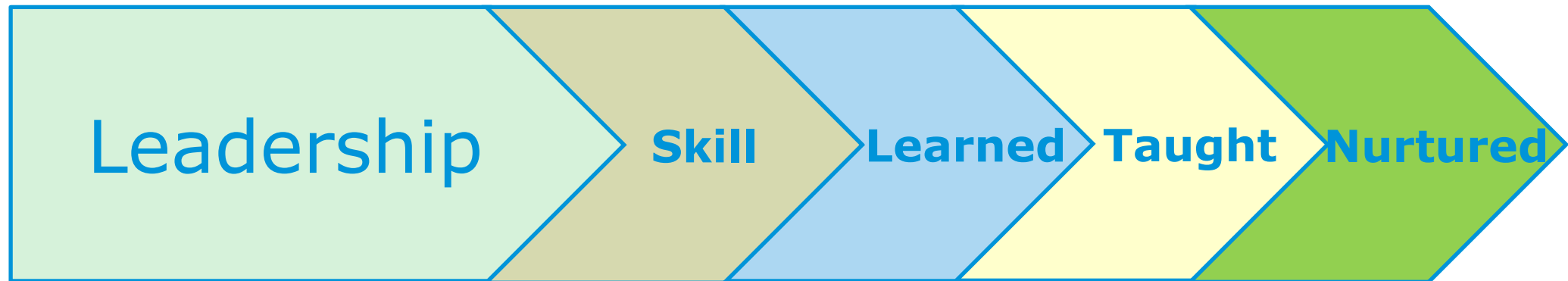
Developed in collaboration with experts and professional associations



News

Interesting updates/information about programmes and activities of the institute

- leadership is a relational process and not an exercise of hierarchical power (Kelly and Ashaola, 2023).



- Experiential learning, teamwork and case studies are effective tools for leadership capacity development.



Summer School

- Interactive Summer School on Dairy Nutrition and Health.
- Duration: 10 days
- Course format: Online

Nutrition Challenge

- The assignment was to create a communication concept in English and accessible to a broad audience.

Power4Career Success

- Becoming an accomplished nutrition professional: the power plan for career success.
- Hybrid

- Nutrition leadership is one of the essential enablers to translate our national (Nutrition) vision into REALITY.
- Nutrition leadership should be entrenched right in our nutrition curriculum, from theory to practice.
- While leadership is not about role, assigning relevant roles to the rising stars is a strategic way of investing in the tomorrow's nutrition leadership.
- Immense opportunities exist in the corporate sectors from hands-on experience, knowledge exchange etc. to possible collaborations.
- FrieslandCampina Institute remains committed to knowledge exchange on dairy, nutrition and health
- It is time to learn from the experience of one of our great leaders!



Thought on Nutrition Leadership Future in Nigeria

Meet the Speaker!

- Vice- Chancellor Ambrose Alli University Ekpoma 2016-2021
- Dean of College of Applied Food Sciences and Tourism, Michael Okpara University of Agriculture, Umudike, 2006-2008
- Director: Academic Planning, Ambrose Alli University Ekpoma, 2011- 2014
- Foundation Head of Department: Human Nutrition & Dietetics, Michael Okpara University of Agriculture, Umudike, 2004 - 2007
- Acting Head of Department: Food Science and Technology, Michael Okpara University of Agriculture – Umudike, 2003 - 2004
- Head of Department: Biochemistry, Ambrose Alli University, Ekpoma, 2009 – 2011
- National President: Nutrition Society of Nigeria, 2009-2013
- Director Research, Veritas University Abuja etc



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Thoughts on Nutrition Leadership Future in Nigeria

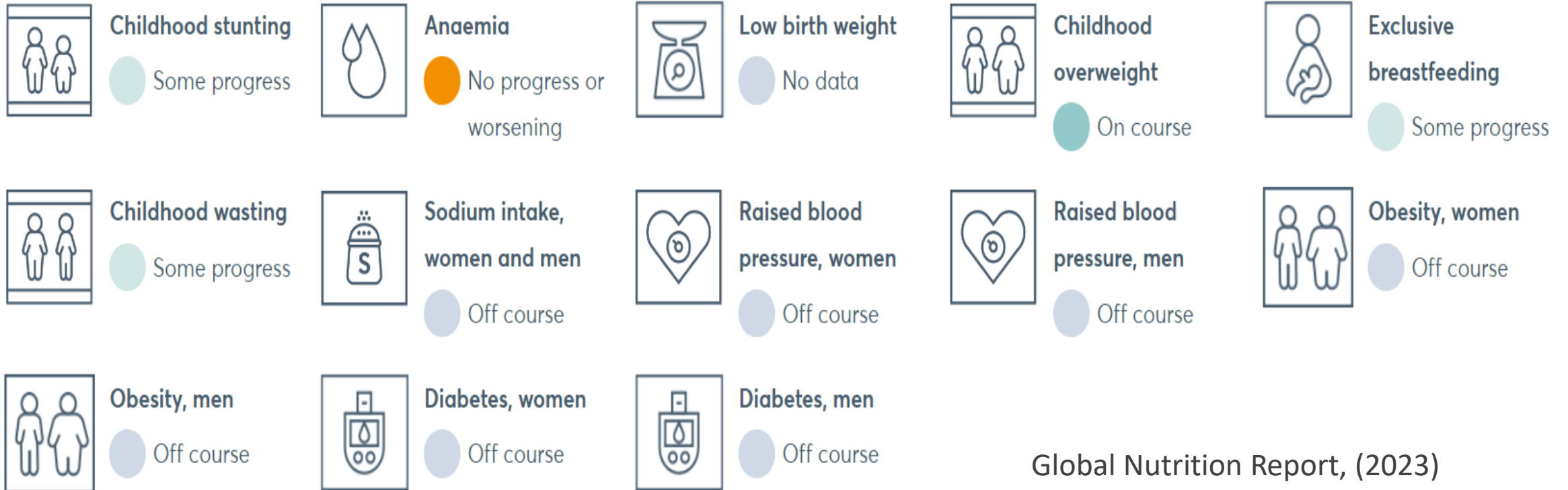
Prof. Ignatius Onimawo PhD
onimawoig@gmail.com

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- Nigeria and the Global Nutrition Targets
- Concept of nutrition leadership
- Nutrition leadership challenges in Nigeria
- Future of Nutrition leadership in Nigeria
- Learnings from Experiences
- Call to action

Nigeria's progress towards global nutrition targets



Global Nutrition Report, (2023)

Effective nutrition leadership is one of the key enablers of making a serious progress and meeting these nutrition targets

IMAGE OF A LEADER



- Leadership is a **process** whereby an individual **influences** a **group** of individuals to achieve a **common goal** (Northouse, 2013).
- Associated with taking an organization into the future, finding opportunities that are coming at it faster and faster, and successfully exploiting those opportunities (Kotter, 2023)
- Leadership is about vision, about people buying in, about empowerment and, most of all, about producing useful change.
- Leadership is not about attributes, it's about behavior (Kotter 2023).
- Leadership is different from management; do NOT take a manager for a leader



Vision is always followed by

Very Clear Mission

Strategies: These must be effectively communicated

COURAGE

INTERGRITY

ACCOUNTANABILITY

COMMITMENT

SELFLESSNESS

Differences Between Leadership and Management

- ❖ Management consists of controlling a group or a set of entities to accomplish a goal.
- ❖ Leadership refers to an individual's ability to influence, motivate, and enable others to contribute toward organizational success.
- ❖ Influence and inspiration separate leaders from managers, not power and control
- ❖ When your teammates stop discussing the tasks at hand — and talk about vision, purpose, and aspirations instead — that's when you will know you have become a leader.

CLEAR VISION



Communication



Problem solving



Management



LEADERSHIP SKILLS



Emotional intelligence



Creativity



Strategy



WHICH OF THESE ARE THE PRIORITIES

- Having Clear Vision.
- Excellent Communication.
- Emotional Intelligence/Flexibility.
- Persuasion & Influencing.
- Active Listening
- Innovation & Creativity.
- Strategy
- Effective Decisiveness.

Be Able To Make Plans And carry others along

LEADERSHIP CHALLENGES IN NUTRITION IN NIGERIA

- ❖ Unity of purpose
- ❖ Succession
- ❖ Political intrigues
- ❖ External influence
- ❖ Professionalism question
- ❖ **COURTING DEDICATED FOLLOWERSHIPS**

- Leadership training is needed in order to provide effective leadership in Nutrition not only in Nigeria but in the entire Africa Continent.---both technical and soft skills
 - African Nutrition Leadership Programme, and the European Nutrition Leadership Platform have invested in building up capacity for leadership.
 - This is very necessary for Nutrition Leadership in Nigeria **Continue pushing innovation**

FUTURE OF LEADERSHIP IN NUTRITION IN NIGERIA

- GROOMING YOUNG LEADERS THROUGH INVOLMENT
- REGULATION OF PRACTICE OF NUTRITION IN NIGERIA BILL WILL REPOSITION THE PROFESSION
- LEADERS SHOULD ASSIST THE VSTATE CHAPTERS TO ACHIEVE CREATION OF NUTRITION DEPARTMENTS IN VARIUOS MDAS
- ESTABLISHMENT OF NUTRITION REGISTRATION COUNCI
- THE FUTURE OF LEADERSHIP IS REALLY GREAT ONLY WHEN SOME OF THESE SUGGESTIONS ARE CARRIED OUT.
- THE MAIN KEY IS TRAINING



THE FUTURE LIES WITH CONTINUOUS TRAINING



LET US JOIN OUR HANDS TOGETHER AND
ACT NOW
THANKS FOR YOUR ATTENTION



- Kotter JP. Management Is (Still) Not Leadership, Harvard Business Review, January 9 2013
- <https://globalnutritionreport.org/resources/nutrition-profiles/africa/western-africa/nigeria/> (Accessed September 18, 2023).
- Northouse, P. G. (2013). Leadership Theory and Practice. Thousand Oaks: Sage Publications Inc.

NUTRITION LEADERSHIP IN NIGERIA: PERSONAL EXPERIENCE

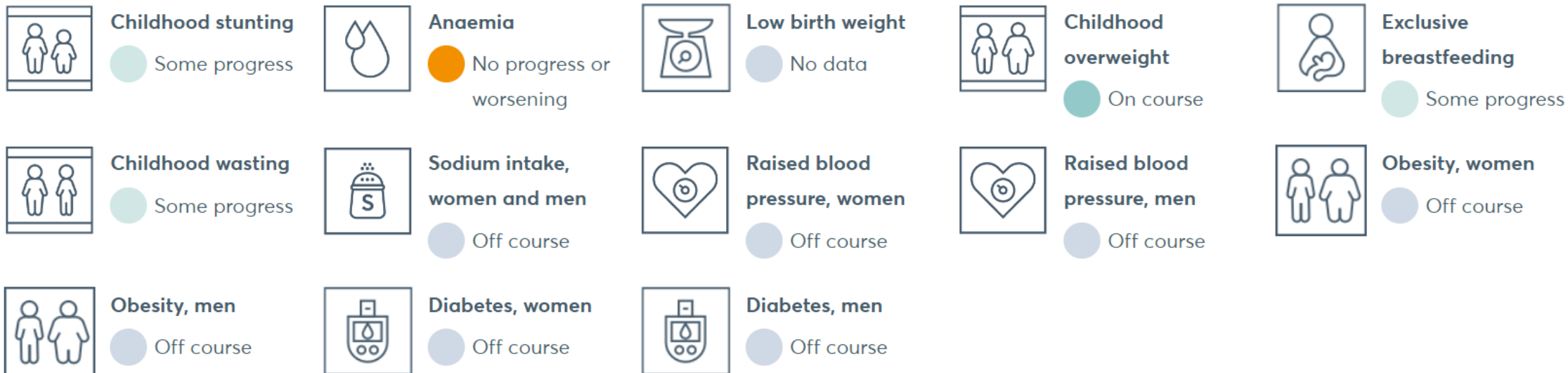




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- National President: Nutrition Society of Nigeria, 2009-2013
- And lot more

Nigeria's progress towards global nutrition targets

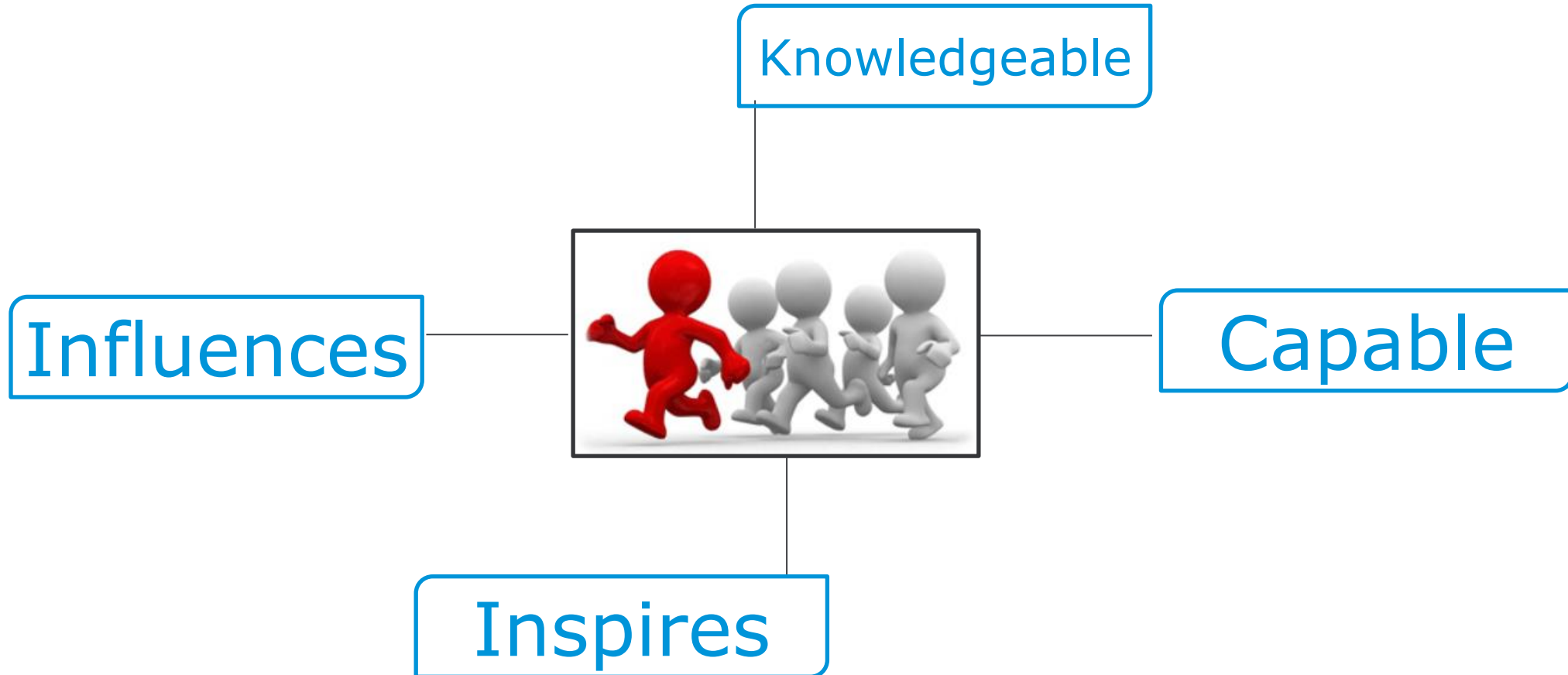


Global Nutrition Report, (2023)

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Who is a Leader?



Principles of Purposeful Leadership

- Lead by example.
- Leadership is about people.
- Eliminate ambiguity
- Focus on change and delivery of success
- Seek responsibility and take responsibility for your actions.
- Help to develop future leaders.
- Know yourself and seek self-improvement.
- Be technically and tactically proficient.
- Make sound and timely decisions.

- My experience
- My challenges
- My learnings
- My recommendations

QUESTIONS?



- Kotter JP. Management Is (Still) Not Leadership, Harvard Business Review, January 9 2013
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- Northouse, P. G. (2013). Leadership Theory and Practice. Thousand Oaks: Sage Publications Inc.
- Bennis, W. (2003). On becoming a leader. New York, NY: Basic Books.