



EatSafe: Evidence and Action Towards Safe, Nutritious Food Improving food safety practices in traditional markets to reduce the burden of foodborne illness through capacity building of stakeholders

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What is EatSafe?

Aim: To enable lasting improvement in safety of nutritious foods in traditional markets by focusing on consumer behavior change.

EatSafe Consortium:







Funded by:



Program Scope:

- Formative research, intervention design, implementation and evidence generation
- July 2019 July 2024





Food Safety: Contributions to Food Systems

- → Nutrition & Health
- → Food Security
- → Food Loss and Waste
- → Climate Change
- → Economic Development
- → Gender Dynamics
- → Policy and Regulation
- → Social and Behavior Change

...and more.





Food Safety is a Foundation for Nutrition



From poor nutrient intake to stunting, **unsafe food contributes to malnutrition** and can have multi-generational impacts.

Nutritious foods are often the most susceptible to foodborne hazards, which can **negate advances made** in nutrition security efforts.

If food is not safe, it cannot be considered food.



Food Safety Challenges in LMICs

Death and illness from consuming unsafe food disproportionately affects low- and middle-income countries. Each year, foodborne disease (FBD) is responsible for:



Food safety risks are high where millions of people purchase food: **traditional markets**.

Microbial pathogens are most responsible for FBD, but toxins and pesticides are top of mind for consumers.

Campylobacter spp.

Norovirus

5

Salmonella enterica



Why traditional markets?

Each day, millions of people buy food from traditional markets. They are the hubs for...





EatSafe's Approach to Food Safety in Traditional Mark





EatSafe's Intervention Development

Formative Research (MARKET ASSESSMENT)















EatSafe in Nigeria FOOD SAFETY INTERVENTIONS



EatSafe Interventions in Nigeria

TWO MARKETS

- Central Market in Birnin Kebbi, Kebbi
- Dan Kure Market in Sokoto

KEY COMMODITIES

Fresh fish, fresh beef, fresh vegetables, and grains (rice, soyabean, maize, cowpea)



TITLE	AUDIENCE	DESCRIPTION
Stand	Consumers, Vendors	In-market food safety information stand
Brand	Consumers, Vendors	Recognition of vendors for food safety best practices
Radio Show	General Population	Dissemination of food safety messages via popular media
Association	Market Actors, Stakeholders	Official state-based advocacy group for food safety



EatSafe Interventions in Nigeria

Sokoto State Kebbi State

APFSAN Association for Promotion of Food Safety and Improved Nutrition

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Sayan Nageri RADIO SHOW

"Buying quality products is like taking your money back home with you."

Abinci Fes-Fes SAFE FOOD BRAND

"Clean, Fresh Food"



Wajan lafiyayyen Abinci SAFE FOOD MARKET STAND

"Stop by to learn about food safety."



APFSAN

Association for Promotion of Food Safety and Improved Autrition fit, non-government registered organization that advocates for improved food safety and nutrition in traditional markets at the state level





Sokoto State

Kebbi

State

APFSAN Launch in Sokoto

900 **ACTIVE MEMBERS ACROSS TWO STATES**



APFSAN

Association for Promotion of Food Safety and Improved **Autrition** *fit, non-government registered organization that advocates for improved food safety and nutrition in traditional markets at the state level*



APFSAN Launch in



World Food Safety Day WFSD 2023 Sokoto Celebration



World Food Day 2022 Celebration



APFSAN Kebbi Abattoir visit to sensitize butchers



World Food Day 2022 Kebbi Summit





SAFE FOOD STAND

Wajan lafiyayyen Abinci | "Stop by to learn about food safety."

SAFE FOOD STAND



An in-market information stand with trained staff who engage and educate consumers on food safety_

- Open 6 days a week
 - Stand Staff are trained "consumer educators"
 - Activities include food safety demonstrations and trainings



Soyamilk production training



Sokoto State

Kebbi State

Tombrown production training



Soyabean storage demonstration



SAFE FOOD STAND

Wajan lafiyayyen Abinci | "Stop by to learn about food safety."





Consumer educators (stand staff)



Soyabean storage



Handwashing demonstration

Sokoto State Kebbi State

FEED FUTURE

Wurin sayar abinci mai inganci: Igantacen wurin samun sahihin labarum abinci mai ingaci don lafiyar iyali



Abun lura wurin sayar jan nama

Abubuwa da mai saya zai kula:

- Duba launin nama: Nama mai kyau za'a ganshi da launin ja mai haske hakan ne ke tabbatar da cewa yana kyau sosai. A tabbatar launin naman bai sauya zuwa kore ba, kuma babu wani alaman lalacewa.
- Aduba ko ya fara wari: Nama mai kyau mai lafiya baya wari
- A kula da Yanayinsa: mana mai kyau bashi da karfi ko alamar tauri kafin a dafa shi.
- Duba tsaftar wurin da ake sayar dashi: a tabbatar ana sayar da naman a wuri mai tsafta ba kusa da Bola ba. a sayi Nama a wurin mai tsafta.



Food safety flyers



ABINCI FES-FES

Safe Food Brand

In-market visual cues for consumers to identify vendors who implement food safety best



"Clean, Fresh Food"

279 ENROLLED VENDORS



ABINCI FES-FES Sai wanda yafi kyau



Sokoto State

Kebbi

State





ABINCI FES-FES

Safe Food Brand

In-market visual cues for consumers to identify vendors who implement food safety best



Vendors receive training certificates



Consumer awareness campaign drama



Sokoto State

Kebbi

State

AFF vendor interacting with consum



"The certificate is big and the expected money is also

- Male Vendor, Sokoto State

90% of surveyed
consumers prefer Abinci
Fes-Fes Vendors

AFF beef



SAYEN NAGARI

Safe Food Radio Show

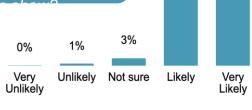
A weekly radio show featuring food safety experts answering live questions from callers





Expert guest with on-air personality

How likely are you to change how you shop at the market or handle food at home as a result of what you



790,000^{ESTIMATE}

LISTENERS

36%

60%

Sokoto State

Kebbi

State



SAYEN NAGARI

Safe Food Radio Show

A weekly radio show featuring food safety experts answering live questions from callers



Pre-recording an episode drama

"Buying quality products is like taking your money back home with you." "It is a great program. People are getting more conscious about food and how we handle it. My husband is even more deliberate especially when he wants to buy fish or vegetables."



Sokoto State

Kebbi

State



Expert guest with on-air personality



ACTIVITIES

ONGOING

- APFSAN Toolkit Development
- Review of CAFSANI Consumer Pocket Guide for Food Safety and Nutrition
- Monthly Vendors Compliance Assessment of Branded Vendors in Kebbi and Sokoto
- Conduct Exposure and Endline Assessment Study
- Sustainability plan development
- Safe Food Market Stand-Demos, awareness, mini-training, etc
- Season 2 Episodes of Radio show "Sayen Nagari"

UPCOMING

- GMP-Sponsored training of Street Food Vendors in Birnin Kebbi-APFSAN
- GMP-Sponsored training of aquaculture farmers & vegetables vendors in Sokoto-APFSAN
- APFSAN CLA -Collaboration, Learning and Adapting Session
- Capacity building workshop for APFSAN Kebbi and Sokoto Leadership
- EatSafe in Nigeria Plenary Session at 47th NIFST Annual Conference, Umuahia
- EatSafe in Nigeria presentations at ACAFP Conference 2023, Ghana
- 2023 World Food Day



SIGN UP FOR MORE INFORMATION:

Questions?

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